



Deep Brain Reorienting (DBR) Online Workshop with Frank Corrigan

Day 2: DBR Advanced - Healing Attachment Pain and Attachment Shock

Saturday 2 April 2022, 9.30am – 5pm GMT

This workshop forms the second part of DBR training and offers participants a more comprehensive understanding of the role of midbrain-based systems in attachment pain and attachment shock – and their healing. We further explore brainstem responses to the relational or interactional stimuli which underpin attachment patterns and consider how these can activate basic affective and defensive responses and, ultimately, modify the seeking of connection.

Early life adversity and trauma compromise the functional integrity and fluency of these brainstem-based networks, thereby setting a developmental trajectory that shapes attachment capabilities throughout life. This is reflected in the relational disturbances routinely encountered in therapeutic work with traumatised clients. Such relational disturbances are often embedded in conflicted orienting and response patterns linked to the seeking of attachment. There can then emerge relational conflicts and affective responses that have their explanation more in past events than in present circumstances.

Working with conflicted relational orienting patterns derived from prior experience of attachment pain and attachment shock offers access to the associated physiological residues using the O-T-A-S sequences mapped out in Deep Brain Reorienting. This promotes a liberation of the brain's healing mechanism so that blocked processing can be released and, optimally, allow resolution of the past attachment adversity.

Key learning outcomes

- To deepen understanding of the neurobiology underpinning attachment and human connection
- To understand the role of midbrain-based neural circuits in shaping conflicted orienting patterns that have the potential to persist throughout life
- To further explore the implications of attachment pain and attachment shock on the innate connection, the innate alarm, and the attachment seeking systems.
- To have further experience of the identification and differentiation of the O-T-A-S sequences that underpin clinically-relevant attachment pain and attachment shock.

About the presenter

Frank Corrigan MD FRCPsych was an NHS Consultant Psychiatrist who latterly specialized in the treatment of post-traumatic and dissociative disorders. He is now in private practice and retains a specialisation in complex trauma disorders.

He is co-author of *Neurobiology and Treatment of Traumatic Dissociation: Toward an Embodied Self* (Lanius, Paulsen & Corrigan, 2014; Springer, New York) and of Lisa Schwarz's book on *The Comprehensive Resource Model: Effective Techniques for Healing Complex Trauma* (Schwarz, Corrigan, Hull & Raju, Routledge, London, 2016). He is currently involved in preparations for a clinical and neuroimaging study of DBR with Professor Ruth Lanius, University of Western Ontario, Canada.

Who should attend?

This workshop is for mental health professionals who have completed Day 1 Basic DBR Training: psychiatrists, psychologists, psychotherapists, and other health practitioners who have experience of working with early adversity and trauma.

Booking information

Please complete the registration form and email a copy to silvia@deepbrainreorienting.com. The fee for the workshop is £135.

Once the registration form and fee have been received, we will send a confirmation email.

Cancellation and refund policy

A refund will be issued for cancellations received 14 days or more before the date of the workshop. An alternative date will be offered for cancellations received less than 14 days before the workshop. No credit or refund will be issued if no notice of cancellation is received in advance of the workshop. There is no refund for partial hours if a participant is only able to attend a portion of the workshop.

Where a workshop is cancelled due to trainer illness or other unforeseen circumstances, a full refund will be issued.

Workshop information

A Zoom link for the training will be emailed ahead of the workshop. Please contact silvia@deepbrainreorienting.com if you have not received the joining instructions at least 24 hours before the start of the workshop.

The workshop will be recorded and available for one month, and a CPD certificate will be issued on receipt of feedback form.

Participants will be invited to join one of Frank's Consultation Groups for ongoing support and development once the DBR Advanced training is completed.

Further information

If you have any questions, please email silvia@deepbrainreorienting.com