



Deep Brain Reorienting (DBR) Online Workshop with Frank Corrigan

Day 2: DBR Advanced - Healing Attachment Pain and Attachment Shock

Saturday 29 October 2022, 9.30am to 5pm BST (GMT+1)

This workshop forms the second part of DBR training and offers participants a more comprehensive understanding of the role of midbrain-based systems in attachment pain and attachment shock – and their healing. We further explore brainstem responses to the relational or interactional stimuli which underpin attachment patterns and consider how these can activate basic affective and defensive responses and, ultimately, modify the seeking of connection.

Early life adversity and trauma compromise the functional integrity and fluency of these brainstem-based networks, thereby setting a developmental trajectory that shapes attachment capabilities throughout life. This is reflected in the relational disturbances routinely encountered in therapeutic work with traumatised clients. Such relational disturbances are often embedded in conflicted orienting and response patterns linked to the seeking of attachment. There can then emerge relational conflicts and affective responses that have their explanation more in past events than in present circumstances.

Working with conflicted relational orienting patterns derived from prior experience of attachment pain and attachment shock offers access to the associated physiological residues using the O-T-A-S sequences mapped out in Deep Brain Reorienting. This promotes a liberation of the brain's healing mechanism so that blocked processing can be released and, optimally, allow resolution of the past attachment adversity.

Key learning outcomes

- To deepen understanding of the neurobiology underpinning attachment and human connection
- To understand the key role a triad of midbrain neural circuits play in shaping conflicted orienting patterns potentially throughout life
- To refine our thinking on the dual implications of attachment pain and attachment shock on the innate connection system and the innate alarm system
- To identify and differentiate the O-T-A-S sequences that underpin attachment pain and attachment shock.

About the presenter

Frank Corrigan MD FRCPsych was an NHS Consultant Psychiatrist who latterly specialized in the treatment of post-traumatic and dissociative disorders. He is now in private practice and retains a specialisation in complex trauma disorders.

He is co-author of *Neurobiology and Treatment of Traumatic Dissociation: Toward an Embodied Self* (Lanius et al., 2014), along with numerous scientific papers. His most recent book is *The Comprehensive Resource Model: Effective Techniques for Healing Complex Trauma* co-written with Lisa Schwarz, Dr Rajiv Raju and Dr Alastair M Hull was published in 2016. He is currently involved in preparations for a clinical and neuroimaging study of DBR with Professor Ruth Lanius, University of Western Ontario, Canada.

Who should attend?

This workshop is for mental health professionals who have completed Day 1 Basic DBR Training; psychiatrists, psychologists, psychotherapists, and other health practitioners who have experience of working with early adversity and trauma.

Booking information

Please complete the registration form and email a copy to silvia@deepbrainreorienting.com. The fee for the workshop is £135 pound sterling. (\$167 USD - \$210 CAD - €157 Euro)

Once the registration form and fee have been received, we will send a confirmation email.

Cancellation and refund policy

A refund will be issued for cancellations received 14 days or more before the date of the workshop. An alternative date will be offered for cancellations received less than 14 days before the workshop. No credit or refund will be issued if no notice of cancellation is received in advance of the workshop. There is no refund for partial hours if a participant is only able to attend a portion of the workshop.

Where a workshop is cancelled due to trainer illness or other unforeseen circumstances, a full refund will be issued.

Workshop information

A Zoom link for the training will be emailed ahead of the workshop. Please contact silvia@deepbrainreorienting.com if you have not received the joining instructions at least 24 hours before the start of the workshop.

The lecture part of the workshop will be recorded and available to view for one year, and a CPD attendance certificate will be issued on receipt of a completed feedback form.

Further information

If you have any questions, please email silvia@deepbrainreorienting.com