



## Deep Brain REORIENTING

### An online training in Basic Deep Brain Reorienting (DBR) with Dr Frank Corrigan

3 Module format - Saturday 4pm to 7pm (W.A. time) at \$480 AUD

- November 12<sup>th</sup>
- November 26<sup>th</sup>
- December 10<sup>th</sup>

Enquiries to: [andrewjharkin@gmail.com](mailto:andrewjharkin@gmail.com)

These modules offer participants an opportunity to understand the key role of deep midbrain systems in traumatic experiences which have clinical consequences. There is an emphasis on attachment shock, which may be historic or recent, and early life adversity. A distinction between circuits for shock and circuits for affective and defensive responding underlies the clinical approach of Deep Brain Reorienting (DBR).

DBR is a trauma memory processing modality that has developed from an understanding of stimulus-response sequences in the upper brainstem. Tracking these sequences, with the knowledge of how they occur physiologically, activates a healing process and, optimally, complete resolution of the clinical consequences of the traumatic experiences.

DBR can also be useful when attachment urges are conflicted because of adverse experiences. For example, when the capacity to orient toward connection simultaneously triggers the impulse to move away, often with negative affects emerging, there can be a deeply conflicted urge to connect with significant others.

#### Key learning outcomes:

- To develop an understanding of the neuroanatomy and neurophysiology of threat and adversity response systems in the midbrain, the upper part of the brainstem.
- To be able to track deep sequences that have occurred so quickly that only their late effects have been recognized – and to wait with these sequences until full processing has occurred.
- To identify and differentiate the main components of physiological sequences underpinning conflicted orienting patterns in relational connections.

**Frank Corrigan** was an NHS Consultant Psychiatrist who latterly specialised in the treatment of post-traumatic and dissociative disorders. He is now in private practice and retains a specialisation in complex trauma disorders. He is co-author of *Neurobiology and Treatment of Traumatic Dissociation: Towards an Embodied Self* (Lanius et al., 2014) and co-author of *The Comprehensive Resource Model: Effective Techniques for Healing Complex Trauma* (Lisa Schwarz et al 2016). He is currently involved in a clinical and neuroimaging study of online DBR with Professor Ruth Lanius, University of Western Ontario, Canada.

**Who should attend?**

This workshop is for mental health professionals; psychiatrists, psychologists, psychotherapists, and other health practitioners who have experience of working with early adversity and trauma.

**Booking information**

Please complete the registration form and email a copy to [andrewjharkin@gmail.com](mailto:andrewjharkin@gmail.com). The fee for the workshop is \$480 AUD.

Once the registration form and fee have been received, we will send a confirmation email.

**Cancellation and refund policy**

A refund will be issued for cancellations received 14 days or more before the workshop. An alternative date will be offered for cancellations received less than 14 days before. No credit or refund will be issued if no notice of cancellation is received before the workshop. There is no refund for partial hours if a participant is only able to attend a portion of the workshop.

Where a workshop is cancelled due to trainer illness or other unforeseen circumstances, a full refund will be issued.

**Workshop information**

A Zoom link for the training will be emailed ahead of the workshop. Please contact [silvia@deepbrainreorienting.com](mailto:silvia@deepbrainreorienting.com) if you have not received the joining instructions at least 24 hours before the start of the workshop.

The workshop will be recorded and available to view for one year. An attendance certificate will be issued on receipt of a completed feedback form.

**Further information**

If you have any questions, please email [andrewjharkin@gmail.com](mailto:andrewjharkin@gmail.com)