

Research STUDY FOR POST-TRAUMATIC STRESS DISORDER

Are you an adult, aged 18-65, who has experienced a psychologically traumatic event, and are you now experiencing:

- ◆ Vivid memories or nightmares of the traumatic event?
- ◆ Overwhelming emotions when reminded of the traumatic event?
- ◆ Feelings of being especially alert or watchful, even in safe places?

If so, you are invited to consider participating in our research study investigating whether **Deep Brain Reorienting (DBR) therapy** can be helpful in reducing PTSD symptoms. DBR's focus is on the sensations arising in the head, face and neck when bringing up aspects of a traumatic memory, rather than on the overwhelming emotions involved. Participation in this study includes completing psychological assessment interviews via videoconferencing, weekly questionnaires, 2 fMRI scans, and 8 sessions online of DBR with a therapist.

This is a research study conducted by Western University and London Health Sciences Centre entitled, *The Effects of Deep Brain Reorienting on Post-traumatic Stress Disorder*.

If you are interested in taking part in this study, or for more information, please call:
Suzy - Research Coordinator for Dr. Ruth Lanius at 685-8500 ext. 35186

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